



ANDERLIFT SAFETY SERVICES LTD.

FIRST AID RESPONSE PROGRAMME (FAR)

INFORMATION FOR LEARNERS

This is a 3 day programme.

Admissions Policy and Entry Criteria

Anderlift Safety Services Ltd. have an open policy for any person to attend our FAR programme. This course is open to company personnel and to members of the public. A good understanding of English (both verbal and written) is necessary in order to successfully participate on the programme and complete all necessary assessments.

Reasonable accommodation will be made to facilitate persons with physical or learning difficulties. We will engage with Learners on an individual basis in advance of training / assessments to reach agreement on accommodation required and options available for same.

Quality Assurance

Our overall aim as an organisation is to provide training that is of real value to learners in their work environment and in terms of their career planning. With this in mind our approach is inclusive, learner focused and at the same time geared to achieving a consistently high standard of course provision that can be tested, verified and evaluated. Anderlift are committed to supplying a high level of support to learners at all stages of the learning process, from programme selection to the assessment stage. Anderlift operate a completely fair and transparent assessment process for all programmes and learners are kept informed of their progress at all stages.

Compassionate Consideration

Anderlift Safety Services Ltd. will consider the rescheduling of assessment arrangements and to facilitate learners who, through no fault of their own, require compassionate consideration. The following factors are considered as being likely to merit compassionate consideration, subject to confirmation, clarification and as required in some cases, medical certification:

- A physical Injury or Emotional trauma arising prior to project assessment submission deadline or prior to other scheduled written or practical examination.
- A physical disability or disabling condition such as epilepsy, glandular fever or other incapacitating illness affecting the learner.
- Recent bereavement or serious illness of close family member or friend
- Severe accident
- Substantial Domestic Crisis
- Other extenuating circumstances. (To be defined)

Anderlift will consider the specific nature of each compassionate request made and will decide (on the basis of evidence) on fair procedure relating to each case. Anderlift are aware of the need for flexibility in terms of compassionate consideration and will balance this need for flexibility with the essential requirement to maintain the integrity and fairness of the assessment process.

Equality and Diversity Policy

Anderlift Safety Services Ltd. have an equality and diversity policy in place to ensure that all learners are treated equally and fairly. A copy of this policy document is available on request.

Recognition of Prior Learning

Anderlift Safety Services Ltd. do not offer RPL in the case of learners who do not hold a current and valid QQI Level 5 Occupational First Aid certificate.

Notification of Appeal Procedure

Anderlift Safety Services Ltd. have an appeals policy in place under our Quality Assurance system and undertake to deal in an efficient and effective manner with any such appeal, should it arise. Students should note that in the event of wishing to appeal either the result (grade) attained for the assessment of the programme or wishing to raise issues relating to the assessment process itself, will have 14 days to contact Anderlift Safety Services Ltd. at the address below, following receipt of course results.

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Anderlift Safety Services Ltd.
Unit 10 Boland Industrial Estate
Old Mallow Road
Cork
T23 TK44**

Email: oliver@anderlift.ie

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Repeat of Assessment

Anderlift Safety Services Ltd. will work towards ensuring that all learners can achieve success at the assessment phase of our programmes. Should a participant fail to achieve a pass grade at programme assessment, Anderlift will be open to allowing the participant involved to repeat a specific assessment in order to achieve a pass grade. This arrangement will be subject to maintaining the overall integrity of the assessment process.

FIRST AID RESPONSE PROGRAMME (FAR)

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Module 1 Patient Assessment

The aim of this module is to provide you with the knowledge and skills to perform a primary survey on a patient.

Objective

At the end of this module you will be able to:

- State the purpose of a Primary Survey
- State when it should be conducted
- Describe the procedure for primary assessment/ survey
- Define the term 'sign' and 'symptom'
- State the 6 Vital Signs
- State the normal/abnormal characteristics of the 6 vital signs
- Demonstrate how to conduct a Primary Survey

Module 2 Incident Procedure

To provide learners with the skills and knowledge to be able to react to such pre-hospital emergencies

At the end of this module you will be able to:

- Outline how to apply the principles of infection control precautions
- Demonstrate a calm, caring attitude, showing awareness of self-protection and safety
- Demonstrate pre-approach and safe approach

Module 3 CFR

The aim of this module is to provide you with the knowledge and skills to deal with cardiac emergencies in the correct manner.

On completion of this module you will be able to:

- Describe the links in the chain of survival
- Explain the importance of calling the emergency services
- Explain the importance of early (CPR) and defibrillation
- Define Cardiac Arrest
- State the signs of Cardiac arrest
- Describe when to start CPR
- Recognise the signs of death

Module 4 Common Medical Emergencies

The aim of this module is to provide learners with the knowledge and skills to respond in a safe, effective, and appropriate manner to such emergencies (Asthma, Diabetes, Seizures, Poisoning, Fainting).

At the end of this module you will be able to:

- Define heart attack
- List the signs of a heart attack
- Outline how to treat a heart attack patient
- Explain the aspirin procedure
- Demonstrate dealing with a suspected HA patient & administration of aspirin

Module 5 Injury Management & Shock

To provide learners with the knowledge and skills to manage injuries and shock.

At the end of this module learners will be able to:

- State the main types of serious bleeding injuries and causes using CLIPS
- Demonstrate how to control external blood loss at various wound sites
- Demonstrate how to manage a patient with internal blood loss
- State the main types of musculoskeletal injuries
- Describe the management of musculoskeletal injuries
- Demonstrate how to immobilise a fracture

Module 6 Care of the Unconscious Patient

The aim of this module is to provide learners with the knowledge and skills to treat an unconscious patient in a safe and appropriate manner.

At the end of this module learners will be able to:

- List the common causes of altered levels of consciousness
- Describe the difference between the each of the 'AVPU' levels and demonstrate how to assess a patients level of consciousness
- List the main signs and symptoms of concussion and outline the reason for ongoing observation post injury
- Describe the management of a head injured patient and demonstrate how to examine and care for a casualty with a head injury.
- List steps to care for the general well-being of an unconscious patient
- Demonstrate an ability to empathise with patients who may not appear to be fully conscious in a non-judgemental and compassionate manner.

Module 7 Burns & Electrical Injury Care

To provide learners with the knowledge and skills to treat patients who have suffered burns or electrical injuries in an appropriate manner.

At the end of this module learners will be able to:

- List causes/types of burn and the psychological effects they can have
- Describe degrees of burn and demonstrate how to assess the extent of burn injuries
- Describe the burns potential of electrical injury and why inhalation injuries are common following burns
- List the care management for burns including the importance of standard infection control precautions
- Outline why inhalation injuries are common following certain burns injuries
- Demonstrate an ability to respond to the needs of patients who have suffered from burns, electrical and related injury/illness showing appreciation for the effects of pain and fear
- Demonstrate an ability to respond to the needs of patients, friends, families and bystanders while showing awareness of self-protection and safety
- Demonstrate how to treat burns injuries using equipment listed on CPGs
- Demonstrate an awareness of safety considerations
- Demonstrate the care management of burned patients

Module 8 Hypothermia and Hyperthermia

To provide learners with the knowledge, skills and attitude to care for a hypothermic/ hyperthermic patient.

On completion of this module you will be able to:

- State the normal range in body temperature
- Describe common causes of overheating (hyperthermia)
- Describe common causes of overcooling (hypothermia)
- List the signs and symptoms of overheating
- List the signs and symptoms of overcooling
- Outline the additional requirements when checking vital signs on a patient that has symptoms of overcooling
- Describe basic treatment methods to avoid progression of a heat related conditions
- Demonstrate an ability to respond to the needs of patients who have suffered from a heat related condition showing appreciation for the effects of pain and fear
- Demonstrate a calm, caring attitude when describing potential risks to patients and their friends, families and bystanders while showing awareness of self-protection and safety
- Demonstrate how to care for patients with hyperthermia
- Demonstrate how to care for patients with hypothermia

Module 9 Information Management

To provide learners with basic introduction to information management.

At the end of this module you will be able to explain the rationale for recording patient health information and explain the elements of a verbal handover to emergency service personnel.

Module 10 Communication

To provide learners with basis communication skills.

At the end of this module the learners will be able to describe the principle barriers to effective patient and team communication.

State the personal qualities that make an effective therapeutic communicator.

Explain how to seek a patient's consent for treatment.

Module 11 The Well-being of the First Aid Responder

To provide learners with a basic introduction to the Well-being of the First Aid Responder covering emotional reactions and critical incident stress.

The learners will be able to:

- List the role and responsibilities of the First Aid Responder
- List the emotional reactions that a First Aid Responder may experience
- List the signs & symptoms of Critical Incident Stress

FAR Course Programme - Day One

Time	Topic	Teaching Method	Student Activity	Resources Required
9.00-9.15.	Registration	Meet Learners	Sign in	Training Record Pens
9.15-9.30	Introduction Aims & Objectives	Inform Learners of the Aims & Objectives	Listen	PowerPoint
9.30-10.30	Module 1 Patient Assessment	Lecture Discussion Demonstration	Listen Observe	PowerPoint Mannequin Flipchart
10.30-10.45	Break			
10.45-12.30	Module 2 Incident Procedure	Lecture Discussion Demonstration	Listen Observe	Flipchart PowerPoint Pocket Mask Gloves Wipes
12.30-13.00	Lunch			
13.00-15.00	Module 3 CFR	Lecture Discussion Demonstrate	Listen Observe Practice	PowerPoint DVD Pocket Mask Gloves Wipes Aspirin Water
15.00-15.15	Break			
15.15-16.30	CPR	Lecture Discussion Demonstration	Listen Observe Practice	DVD Mannequins AEDs Pocket Mask Gloves

FAR Course Programme - Day Two

Time	Topic	Teaching Method	Student Activity	Resources Required
9.00-9.15	Re-Cap Patient Assessment, Incident Procedure, CFR & CPR	Questions Answers Confirm	Questions Answers Confirm	Flipchart
9.15-10.30	Module 4 Common Medical Emergencies	Lecture Discussion	Listen Observe	PowerPoint Flipchart
10.30-10.45	Break			
10.45-12.30	Module 5 Injury Management Care	Lecture Discussion Demonstration	Listen Observe Practice	PowerPoint Dressings Bandages Gloves Wipes
12.30-13.00-	Lunch			
13.00-13.30	Module 6 Care of the Unconscious Patient	Lecture Discussion Demonstration	Listen Observe Practice	PowerPoint Flipchart
13.30-15.00	CFR Skills Practice & Assessment	Demonstration	Listen Observe Practice	Mannequins AEDs Pocket Mask Gloves
15.00-15.15	Break			
15.15-16.30	Injury Management Skills Practise & Assessment	Demonstration	Listen Observe Practice	Gloves Wipes Dressings Bandages

FAR Course Programme - Day Three

Time	Topic	Teaching Method	Student Activity	Resources Required
9.00-9.15	Re-Cap Common Medical Emergencies, Injury Management Care, Care of the Unconscious Patient,	Questions Answers Confirm	Questions Answers Confirm	Flipchart
9.15-10.15	Module 7 Burns & Electrical Injury Care	Lecture Discussion Demonstration	Listen Observe	PowerPoint Flipchart
10.15-10.30	Module 8 Hypothermia & Hyperthermia	Lecture Discussion	Listen Observe	PowerPoint Flipchart
10.30-10.45	Break			
10.45-11.00	Hypothermia & Hyperthermia Continued	Lecture Discussion	Listen Observe	PowerPoint Flipchart
11.00-11.15	Module 9 Information Management	Lecture Discussion	Listen Observe	Flipchart
11.15-11.30	Module 10 Communications	Listen Discussion	Listen Observe	Flipchart
11.30-11.45	Module 11 Well-being of the First Aid Responder	Lecture Discussion	Listen Observe	Flipchart
11.45-12.30	Re-Cap on Module 1 to 11	Questions & Answers	Questions & Answer	PowerPoint Flipchart
12.30-13.00	Lunch			
13.00-13.30	Theory Test	Supervise	Answering Theory Test	Test Papers Pens
13.30-14.00	Preparation for Practical Assessment	Correcting Theory Test	Preparing for Practical Assessment	Gloves Wipes Dressings Bandages
14.00-16.00	Assessment of Practical Skills	Assess Practical Skills	Perform Practical Skills	Skill Sheets Gloves Wipes Dressings Bandages
16.00-16.15	Course Conclusion			